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Confidence comes with every card.®

Over-the-Counter Benefit Catalog

Get Over-the-Counter products
every quarter

Remember to keep this catalog.

You'll want to reference it each time you place your order.



Order guidelines

As a Medicare Plus BlueSM PPO *Essential*, *Vitality*, *Signature* or *Assure* plan member or BCN AdvantageSM HMO-POS *Classic* or *Prestige* plan member, you get an Over-the-Counter, or OTC, quarterly allowance of \$25 to spend on over-the-counter items. Products in this catalog are not subjected to sales taxes and shipping is free.

Over-the-counter items are drugs and health-related products that don't need a prescription, such as allergy medicine, toothpaste, ibuprofen, bandages and glucose tablets.

If you have any questions, call our OTC advocates at 1-855-856-7878, Monday through Friday from 8 a.m. to 11 p.m. Eastern time. TTY users, call 711. You can also visit www.bcbsm.com/medicareotc for additional information.



Order online

To place your OTC order online, go to bcbsm.com/medicareotc. Follow the instructions on Page 3 of this catalog to log in and place your order using the online catalog.



Order by phone

To place an order by phone, OTC advocates are available Monday through Friday from 8 a.m. to 11 p.m. Eastern time at **1-855-856-7878**. TTY users, call **711**.



Order by mail

To place an order by mail, send the order form at the back of this catalog to:
OTC Servicing Center, P.O. Box 526266, Miami, FL 33152-9819

If the end of the benefit period is approaching and you don't think your order form will be received in time, order online or call us.

For Delivery:

Allow five to seven business days from the time your order is placed.

- Benefits are available each quarter starting January 1, April 1, July 1 and October 1. You must use your Over-the-Counter benefit in **one** order. Unused benefits won't roll over into the next quarter or the next calendar year.
- Your order total may not exceed your benefit. Cash, checks, credit cards or money orders aren't accepted with this program.
- Your order total will be applied to the benefit period in which the order is received.
- OTC products are intended for member use only to help with a health or medical need. Blue Cross prohibits the use of this benefit to order OTC items for family members and friends.
- Due to the personal nature of these products, returns are not accepted.
- Throughout the year, catalog items occasionally change. For the most up-to-date listing of products available, go to www.bcbsm.com/medicareotc.
- For this benefit, OTC items are available through home delivery only. Products **may not** be purchased at a local retail pharmacy or through any source other than through Blue Cross' vendor, Convey, by phone, by mail or online.

How to use your OTC website

Online access to your OTC benefit is fast, easy and secure.

This website offers many convenient features. You can:

- Browse the most up-to-date OTC products available to you
- Monitor your available balance while you shop
- Track your order and view your order history
- Manage your account

How to create a profile to order online.

If it's your first time ordering online, you'll need to register and set up your account. Please note, this is different than your Blue Cross member login.

Registration is easy and takes only a few minutes to complete.

To access the Over-the-Counter website, visit www.bcbsm.com/medicareotc. Click on *Get Started*. This will take you to the OTC login page. Click on the *Not Registered? Sign Up Now* button and follow the prompts to create a profile using your information exactly as it appears on your Blue Cross member ID card. You will need the following:

- First and last name
- Enrollee ID number (if your ID number contains any special characters, such as a hyphen or an asterisk, enter only the numbers)
- State
- Date of birth as MM/DD/YYYY
- Current email address

You will then create a unique username and password for your account. You'll be asked to choose and answer security questions, so if you forget or misplace your username or password, we can send you a new one. Now you can log in and access your OTC benefit online, 24/7.

Remember to save your Convey OTC username and password to order again during your next benefit period.

If you forget your username or password, click on *Forgot username or password?* options on the OTC login page. Follow the prompts to answer your security questions. Your username or a new password will be sent to you by email.

If you need any help, call the Order Fulfillment Center, Center at 1-855-856-7878, Monday through Friday from 8 a.m. to 11 p.m. Eastern time. TTY users, call 711. Our friendly and knowledgeable advocates are happy to help you take full advantage of your OTC benefit.

Please note:

Orders for the benefit period must be received by Convey prior to 12 a.m. Eastern time of the last day of the period.

Item #	Product	Packaging	Strength	Price
Allergy				
1927	Benadryl® Allergy Liqui-Gels Dye-Free	24 ct	25 mg	\$12.00
1090	Cetirizine HCL (Allergy Tablets)	14 ct	10 mg	\$7.00
2003	Cetirizine HCL (Allergy Tablets)	45 ct	10 mg	\$10.00
1008	Chlorpheniramine Maleate Antihistamine (Allergy Tablets)	100 ct	4 mg	\$8.00
1009	Diphenhydramine Antihistamine (Allergy Tablets)	24 ct	25 mg	\$5.00
1308	Diphenhydramine Antihistamine (Allergy Tablets)	100 ct	25 mg	\$10.00
2033	Loratadine (Allergy Tablets)	10 ct	10 mg	\$5.50
1611	Loratadine (Allergy Tablets)	100 ct	10 mg	\$14.50
2020	Loratadine (Allergy Tablets)	365 ct	10 mg	\$25.00
1881	Nasacort®	60 spray	-	\$24.00
1922	Nasal Decongestant Inhaler - Levmetamfetamine	.007 oz	50 mg	\$8.00
1091	Nasal Decongestant Spray, 12-Hour	1 oz	0.05%	\$6.00
1052	Nasal Spray, Saline	1.5 oz	0.65%	\$5.50
Antacids & Acid Reducers				
1313	Alka-Seltzer®	36 ct	-	\$11.00
1006	Antacid / Anti-Gas Liquid	12 oz	-	\$7.50
1346	Antacid Chewables	150 ct	500 mg	\$7.00
1314	Effervescent Antacid & Pain Relief	36 ct	-	\$7.00
1108	Famotidine (Acid Reducer) *	30 ct	10 mg	\$7.50
1900	Ranitidine (Acid Reducer)	30 ct	75 mg	\$7.50
1800	Simethicone (Gas Relief)	100 ct	80 mg	\$8.00
2034	TUMS® Extra Strength	48 ct	750 mg	\$7.50
2019	TUMS® Ultra Strength	72 ct	1,000 mg	\$10.00

Item #	Product	Packaging	Strength	Price
Anticandidal (yeast)				
1115	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator)	45 gm	1%	\$10.00
1117	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator)	1 kit	2%	\$16.00
1119	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator)	1 ct	6.5%	\$19.00
Anti-diarrheal, Laxatives & Digestive Health				
1316	Beano®	30 ct	-	\$9.00
1128	Bisacodyl (Stimulant Laxative, Enteric Coated)	100 ct	5 mg	\$6.50
1012	Calcium Polycarbophil (Fiber Laxative Tablets)	90 ct	625 mg	\$12.00
1969	ClearLax Unflavored Powder Laxative	8.3 oz	17 g	\$13.00
1126	Docusate Sodium (Stool Softener)	100 ct	100 mg	\$8.00
1130	Docusate Sodium plus Sennosides (Natural Vegetable Laxative)	60 ct	8.6 mg, 50 mg	\$7.00
1733	Enema	4.5 oz	-	\$5.50
1124	Ex-Lax®	8 ct	15 mg	\$8.00
1155	Fiber Tablets ‡	60 ct	500 mg	\$10.00
1125	Glycerin Suppository Laxative	25 ct	2 gm	\$7.00
1067	Lactase Capsules	60 ct	9000 FCC Units	\$10.00
1133	Loperamide HCL (Anti-Diarrheal Tablets) *	12 ct	2 mg	\$6.00
1354	Methylcellulose (Fiber Therapy)	16 oz	-	\$17.00
1011	Milk of Magnesia	12 oz	400 mg	\$6.50
1340	Natural Vegetable Laxative (Psyllium)	13 oz	-	\$10.00
1967	Natural Vegetable Laxative (Psyllium)	30.4 oz	-	\$16.00
1968	Natural Vegetable Laxative, Sugar Free (Psyllium)	15 oz	-	\$13.00
1317	Pepto-Bismol® Cherry	12 oz	525 mg / 30 ml	\$10.00
1045	Pink Bismuth Chewable Tablets	30 ct	262 mg	\$7.50
1318	Pink Bismuth Liquid	8 oz	525 mg / 30 ml	\$7.00

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Item #	Product	Packaging	Strength	Price
Anti-fungal				
1135	Miconazole Nitrate (Anti-fungal Cream)	1 oz	2%	\$9.00
1874	Miconazole Nitrate (Athlete's Foot Spray)	4.6 oz	2%	\$10.50
1046	Terbinafine HCL (Athlete's Foot Cream)	.5 oz	1%	\$11.50
1064	Tolnaftate (Anti-fungal Cream)	1.25 oz	1%	\$7.00
Bathroom Safety & Fall Prevention				
1459	Bath Mat, Non-Skid	1 ct	-	\$17.00
1726	Folding Cane Ergonomic Handle *	1 ct	-	\$20.00
1798	Knurled Chrome Grab Bar - 12"	1 ct	-	\$19.00
1797	Knurled Chrome Grab Bar - 24"	1 ct	-	\$22.00
1983	Night Light	2 ct	-	\$15.00
1777	Quad Cane, Small Base *	1 ct	-	\$25.00
1460	Shower Mat, Non-Skid	1 ct	-	\$17.50
Cold & Flu				
1360	Cepacol® Sore Throat Lozenges	16 ct	-	\$8.00
1166	Cough & Cold for High Blood Pressure	16 ct	-	\$7.00
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$3.00
1833	Cough Drops, Honey Lemon	30 ct	-	\$3.00
1834	Cough Drops, Menthol	30 ct	-	\$3.00
1182	Cough Drops, Sugar Free, Cherry	25 ct	5.8 mg	\$4.00
1054	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	\$6.00
1323	Diabetic Tussin DM	4 oz	-	\$9.50
1180	Guaifenesin (Cough Expectorant)	100 ct	200 mg	\$10.00
1178	Mucus Relief DM Expectorant & Cough Suppressant	30 ct	400 mg, 20 mg	\$10.00
1965	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release	14 ct	1,200 mg, 60 mg	\$15.00
1357	Multi-Symptom Cold Formula	24 ct	10 mg, 5 mg, 325 mg	\$8.00

Item #	Product	Packaging	Strength	Price
Cold & Flu (continued)				
1352	Phenylephrine HCL (Nasal Decongestant PE)	36 ct	10 mg	\$7.00
1176	Sore Throat Lozenges, Cherry	18 ct	-	\$5.00
1904	Sore Throat Spray, Cherry	6 oz	-	\$7.00
1164	Vapor Rub	3.5 oz	4.7%, 1%	\$7.00
Cold Sore & Medicated Lip Products				
1152	Abreva®	2 gm	10%	\$24.00
1256	Blistex® Lip Ointment	6 gm	-	\$5.00
1153	Herpecin-L® Lip Balm	.1 oz	1%	\$10.00
1359	Releev® Cold Sore Treatment	6 ml	0.13%	\$22.50
Dental & Denture Care				
1817	Biotene® Dry Mouth Oral Rinse	16 oz	-	\$13.00
1747	Denture Brush	1 ct	-	\$6.00
1032	Denture Cleaning Tablets	40 ct	-	\$7.00
1653	Efferdent® Plus Mint Tablets	36 ct	-	\$9.00
1843	Effergrip® Denture Cream Adhesive	2.5 oz	-	\$9.00
1187	Fixodent®	.75 oz	-	\$5.00
1751	Interdental Flossups	90 ct	-	\$5.50
1454	Orajel® Pain Relief	.25 oz	20%	\$11.00
1286	Oral Pain Relief	.5 oz	20%	\$7.00
1324	Polident® Denture Cream	3.9 oz	-	\$9.00
1892	Polident® Overnight	84 ct	-	\$12.00
1455	Reach® Waxed Dental Floss - Mint	55 yd	-	\$4.00
1746	Tongue Cleaner	1 ct	-	\$6.00
2015	Toothbrush, Battery Powered	1 ct	-	\$20.00
1413	Toothbrush, Colgate®, Adult Soft	1 ct	-	\$3.00
1948	Toothbrush, Soft 2-pack	2 ct	-	\$6.00

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Item #	Product	Packaging	Strength	Price
Dental & Denture Care (continued)				
1412	Toothbrush, Tek Pro®, Angled Soft	1 ct	-	\$3.00
1831	Toothpaste, Colgate®	4 oz	-	\$6.00
1838	Toothpaste, Crest® Sensi-Relief	4.1 oz	-	\$8.50
1414	Toothpaste, Pepsodent®	5.5 oz	-	\$4.00
1903	Toothpaste, Sensitive Teeth	4.3 oz	-	\$5.00
1716	Toothpaste, Ultrabrite® Advanced Whitening	6 oz	-	\$6.00
Diabetes Care				
1839	Diabetic Skin Relief Foot Cream	3.4 oz	-	\$12.00
1956	Diabetic Socks, Black, Medium 3-pack	3 pair	-	\$9.00
1957	Diabetic Socks, Black, Large 3-pack	3 pair	-	\$9.00
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair	-	\$9.00
1953	Diabetic Socks, White, Medium 3-pack	3 pair	-	\$9.00
1954	Diabetic Socks, White, Large 3-pack	3 pair	-	\$9.00
1955	Diabetic Socks, White, X-Large 3-pack	3 pair	-	\$9.00
1997	Glucose Tablets	50 ct	-	\$8.00
1959	Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack	2 pair	-	\$11.00
1960	Ultra Soft Padded Diabetic Sock, Black, Large 2-pack	2 pair	-	\$11.00
1961	Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack	2 pair	-	\$11.00
1962	Ultra Soft Padded Diabetic Sock, White, Medium 2-pack	2 pair	-	\$11.00
1963	Ultra Soft Padded Diabetic Sock, White, Large 2-pack	2 pair	-	\$11.00
1964	Ultra Soft Padded Diabetic Sock, White, X-Large 2-pack	2 pair	-	\$11.00
Diagnostics				
1416	EZ Detect® Colon Cancer Test Kit ‡	1 ct	-	\$17.00
1789	Peak Flow Meter ‡	1 ct	-	\$17.00
1063	Thermometer, Digital 60 seconds	1 ct	-	\$6.50
1285	Thermometer, Digital Ear	1 ct	-	\$25.00
1697	Thermometer, Flexible Tip, Digital 10 seconds	1 ct	-	\$11.00

Item #	Product	Packaging	Strength	Price
Eye & Ear Care				
1192	Artificial Tears Drops	.5 oz	-	\$6.00
1194	Artificial Tears Ointment	3.5 gm	-	\$9.00
1199	Clear Eyes® Eye Drops	.2 oz	-	\$6.00
1742	Cotton Tipped Swabs	300 ct	-	\$5.50
1841	Ear Pain Relief Ear Drops	10 ml	-	\$13.00
1190	Ear Wax Removal Drops	15 ml	6.5%	\$7.00
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$9.00
1806	Irritation Relief Eye Drops	15 ml	-	\$9.50
First Aid				
1344	Adhesive Bandages *	60 ct	-	\$6.00
1803	After Bite® Relief	.5 oz	-	\$10.00
1200	Alcohol Pads *	100 ct	70%	\$5.00
1808	Antiseptic Skin Cleanser	8 oz	-	\$11.00
1201	Antiseptic Towelettes	100 ct	-	\$7.50
1142	Bactine® Solution	4 oz	-	\$10.00
1667	Band-Aid® Clear Comfort-Flex Bandage, Assorted Sizes *	45 ct	-	\$8.00
1926	Burn Relief Spray	4.5 oz	0.5%	\$11.00
1144	Caldyphen Clear (Anti-Itch Lotion)	6 oz	1%	\$8.00
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1yd *	12 ct	-	\$8.00
1763	Cotton Balls	300 ct	-	\$4.50
1669	Cotton Tipped Applicator - 6"	1000 ct	-	\$11.50
1140	Diphenhydramine HCL / Zinc Acetate (Anti-Itch Cream)	1 oz	-	\$6.00
1207	Elastic Bandage - 2" x 4.5 yd *	1 ct	-	\$6.00
1209	Elastic Bandage - 3" x 5 yd *	1 ct	-	\$6.50
1211	Elastic Bandage - 4" x 5 yd *	1 ct	-	\$7.00
1213	Elastic Bandage - 6" x 5 yd *	1 ct	-	\$8.00

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‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

Item #	Product	Packaging	Strength	Price
First Aid (continued)				
1947	First Aid Kit, 20 Pieces	1 ct	-	\$6.00
1215	First Aid Kit, 75 Pieces	1 ct	-	\$10.00
1738	First Aid Kit, 175 Pieces	1 ct	-	\$15.00
1062	Hot/Cold Pack, 1 small & 1 large	1 ct	-	\$9.00
1074	Hydrocortisone 1% Cream	1 oz	1%	\$6.00
1228	Hydrogen Peroxide	16 oz	3%	\$5.00
1796	Insect Repellent Spray - Deet	4 oz	30%	\$12.00
1203	Iodine Solution Antiseptic	4 oz	-	\$7.50
1713	Isopropyl Alcohol	16 oz	70%	\$6.00
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$5.00
1676	Johnson & Johnson® Gauze Pad - 2" x 2" *	25 ct	-	\$6.50
1872	Liquid Bandage	.45 oz	-	\$8.50
1326	Neosporin® Plus	.5 oz	-	\$10.00
1840	Nitrile Exam Gloves	100 ct	-	\$14.00
2018	Petroleum Jelly	4 oz	-	\$7.00
1896	Procedural Face Masks with Earloops	50 ct	-	\$11.00
1217	Tape, Paper Surgical - 1" x 10 yd *	1 ct	-	\$6.00
1218	Tape, Paper Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1219	Tape, Silk Surgical - 1" x 10 yd *	1 ct	-	\$5.50
1220	Tape, Silk Surgical - 2" x 10 yd *	1 ct	-	\$7.50
1221	Tape, Transparent Surgical - 1" x 10 yd *	1 ct	-	\$5.50
1222	Tape, Transparent Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1014	Triple Antibiotic Ointment	1 oz	-	\$8.00

Item #	Product	Packaging	Strength	Price
Foot Care				
1784	Bunion Guard	1 ct	-	\$9.00
1238	Callus Remover Pads	6 ct	-	\$8.00
1236	Corn Remover Pads	9 ct	-	\$7.50
1785	Hammer Toe Crest	1 ct	-	\$12.00
1786	Lamb's Wool Padding	1 ct	-	\$7.50
1240	Medicated Foot Powder	5 oz	-	\$7.50
1782	Moleskin Sheets Plus	4 ct	-	\$7.00
1783	Toe Separator	6 ct	-	\$9.00
Hemorrhoidal Preparations				
1066	Hemorrhoidal Ointment	2 oz	-	\$9.00
1247	Hemorrhoidal Suppository	12 ct	-	\$7.00
1364	Pre-moist Hemorrhoid Pads	100 ct	-	\$9.00
1248	Preparation H® Cream	26 gm	-	\$12.00
1895	Preparation H® Medicated Wipes	48 ct	-	\$11.00
Home Aids				
1732	Cushion, Foam Ring	1 ct	-	\$22.00
1731	Cushion, Lumbar	1 ct	-	\$24.00
2016	Kitchen Scale, Digital ‡	1 ct	-	\$25.00
2017	Medicine Bottle Opener with Magnifier	1 ct	-	\$10.00
1933	Pill Crusher with Storage	1 ct	-	\$10.00
1932	Pill Cutter with Safety Shield	1 ct	-	\$10.00
1934	Weekly AM/PM Pill Case	1 ct	-	\$11.00

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Item #	Product	Packaging	Strength	Price
Incontinence Supplies				
1300	A & D Ointment	2 oz	-	\$7.00
2026	Adult Briefs, Medium - 32" to 44" *	24 ct	-	\$17.00
2027	Adult Briefs, Large - 44" to 58" *	24 ct	-	\$18.00
2028	Adult Briefs, X-Large - 58" to 63" *	20 ct	-	\$18.00
1811	Attends® Discreet Men's Guard	20 ct	-	\$14.00
1810	Attends® Discreet Men's Shield	20 ct	-	\$13.00
1813	Attends® Discreet Women's Moderate Bladder Control Pad	20 ct	-	\$15.50
1812	Attends® Discreet Women's Maximum Bladder Control Pad	20 ct	-	\$20.00
1814	Attends® Discreet Women's Ultimate Bladder Control Pad	20 ct	-	\$22.00
1815	Attends® Discreet Women's Panty Liner	28 ct	-	\$9.00
1816	Attends® Discreet Women's Ultrathin Pad	20 ct	-	\$11.00
1302	Barrier Cream	4 oz	-	\$9.00
1478	Bladder Control Shaped Pad, Moderate Absorbency *	24 ct	-	\$17.00
1479	Bladder Control Shaped Pad, Heavy Absorbency *	24 ct	-	\$17.00
1480	Bladder Control Shaped Pad, Maximum Absorbency *	18 ct	-	\$17.00
1021	Disposable Underwear, Medium - 34" to 44" *	20 ct	-	\$16.00
1026	Disposable Underwear, Large - 44" to 58" *	18 ct	-	\$16.00
1027	Disposable Underwear, X-Large - 58" to 68" *	14 ct	-	\$16.00
1928	Flushable Wipes	24 ct	-	\$8.00
1202	Lantiseptic® Skin Protectant Ointment	4 oz	50%	\$12.00
1884	No-Rinse Body Wash	8 oz	-	\$12.00

Item #	Product	Packaging	Strength	Price
Incontinence Supplies (continued)				
2022	Perineal Wash Rinse-Free	8 oz	-	\$7.00
1476	Underpad, Disposable - 23" x 24" *	50 ct	-	\$16.00
2029	Underpad, Disposable - 23" x 36" *	15 ct	-	\$11.00
1477	Underpad, Disposable - 30" x 30" *	10 ct	-	\$10.00
1996	Underpad, Extra Absorbent Air Permeable, 30" x36"*	5 ct	-	\$15.00
1348	Washcloth with Lanolin	64 ct	-	\$8.50
Motion Sickness				
1263	Dimenhydrinate (Motion Sickness Tablets)	12 ct	50 mg	\$7.00
1366	Meclizine HCL (Motion Sickness Caplets)	100 ct	12.5 mg	\$9.00
Pain Relief Aids				
1924	Aspercreme®	1.25 oz	-	\$7.50
1944	Cold/Hot Menthol Medicated Patch	5 ct	5%	\$10.00
1846	Fast Freeze®, Pain Relief Spray	4 oz	-	\$13.50
1861	Heating Pad, 12" X 15" *	1 ct	-	\$25.00
1859	HeatWraps - Back & Hip	2 ct	-	\$11.00
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct	-	\$11.00
1761	Ice Bag - 9"	1 ct	-	\$10.00
1871	Lidocaine Patch	5 ct	4%	\$13.00
1923	Menthol Gel	8 oz	2%	\$9.00
1762	Pain Relief Mask	1 ct	-	\$9.00
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$6.00
1739	Salonpas® Pain Relief Patches	5 ct	-	\$14.00
1781	Warm or Cold Water Bottle, Rubber Latex	1 ct	-	\$10.00
1261	Wellpatch® Migraine	4 ct	-	\$10.00

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Item #	Product	Packaging	Strength	Price
Pain Relievers & Fever Reducers				
1001	Acetaminophen (Pain Reliever, Regular Strength)	100 ct	325 mg	\$6.50
2030	Acetaminophen (Pain Reliever, Extra Strength)	24 ct	500 mg	\$4.00
1600	Acetaminophen (Pain Reliever, Extra Strength)	100 ct	500 mg	\$7.00
2002	Acetaminophen (Pain Reliever, Extra Strength)	500 ct	500 mg	\$15.00
1104	Aleve®	100 ct	220 mg	\$16.00
1311	Arthritis Pain Reliever	100 ct	650 mg	\$12.00
1095	Aspirin	100 ct	325 mg	\$5.50
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$6.00
1002	Aspirin, Enteric Coated, Low Dose	120 ct	81 mg	\$6.00
1998	Aspirin, Enteric Coated, Low Dose	500 ct	81 mg	\$12.00
1802	Aspirin, Low Dose, Chewables	36 ct	81 mg	\$5.50
Pain Relievers & Fever Reducers (continued)				
1367	Capsaicin (Pain Relief Cream)	2 oz	0.025%	\$9.50
2031	Ibuprofen (Pain Reliever / Fever Reducer)	24 ct	200 mg	\$4.00
1004	Ibuprofen (Pain Reliever / Fever Reducer)	100 ct	200 mg	\$8.00
2032	Naproxen Sodium (Pain Reliever / Fever Reducer)	24 ct	220 mg	\$5.00
1097	Naproxen Sodium (Pain Reliever / Fever Reducer)	100 ct	220 mg	\$10.00
1365	Pain Reliever Plus (Acetaminophen / Aspirin)	100 ct	250 mg, 250 mg, 65 mg	\$8.00
1332	Pain Reliever, PM (Acetaminophen, Extra Strength)	100 ct	500 mg, 25 mg	\$9.00
Pediculicide (Lice Treatment)				
1269	Lice Treatment Rinse (Permethrin)	59 ml	1%	\$16.00
1271	Lice Treatment Shampoo	4 oz	-	\$11.00

Item #	Product	Packaging	Strength	Price
Skin & Sun Care				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$8.50
1821	Calamine Skin Protectant Lotion	6 oz	-	\$7.00
1065	Hand Sanitizer	8 oz	-	\$4.50
1893	Moisturizing Body Lotion with Aloe	8 oz	-	\$7.50
1852	Scar Gel	1 oz	-	\$15.00
1284	Sunscreen Lotion SPF 30	3.5 oz	-	\$7.50
Sleep Aids				
1724	Nasal Strips, Medium	30 ct	-	\$13.00
1725	Nasal Strips, Large	30 ct	-	\$13.00
1276	Sleep Tablets	50 ct	25 mg	\$7.50
Smoking Cessation				
1372	Nicotine Gum ‡	50 ct	4 mg	\$25.00

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Item #	Product	Packaging	Strength	Price
Supports & Braces				
1225	Ankle Support	1 ct	-	\$10.00
2011	Arthritis Knee Sleeve, Small	1 ct	-	\$25.00
2012	Arthritis Knee Sleeve, Medium	1 ct	-	\$25.00
2013	Arthritis Knee Sleeve, Large	1 ct	-	\$25.00
2014	Arthritis Knee Sleeve, X-Large	1 ct	-	\$25.00
1487	Back Support Elastic - 24" to 46"	1 ct	-	\$23.00
1770	Carpal Tunnel Brace, Small	1 ct	-	\$25.00
1769	Carpal Tunnel Brace, Medium	1 ct	-	\$25.00
1768	Carpal Tunnel Brace, Large	1 ct	-	\$25.00
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$18.00
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$18.00
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$18.00
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$18.00
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1 pair	8 - 15 mmHg	\$18.00
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$18.00
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$18.00
1406	Compression Knee High Socks, Women's Beige, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$18.00
1407	Compression Knee High Socks, Women's Beige, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$18.00
1408	Compression Knee High Socks, Women's Beige, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$18.00
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct	-	\$24.00

Item #	Product	Packaging	Strength	Price
Supports & Braces (continued)				
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct	-	\$24.00
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct	-	\$24.00
1224	Elbow Support	1 ct	-	\$15.00
1465	Knee Stabilizer	1 ct	-	\$23.00
1481	Knee Support, Elastic, Small	1 ct	-	\$11.00
1482	Knee Support, Elastic, Medium	1 ct	-	\$11.00
1483	Knee Support, Elastic, Large	1 ct	-	\$11.00
1484	Knee Support, Elastic, Small with Stays	1 ct	-	\$19.00
1485	Knee Support, Elastic, Medium with Stays	1 ct	-	\$19.00
1486	Knee Support, Elastic, Large with Stays	1 ct	-	\$19.00
1457	Rib Belt - Female (one size fits most)	1 ct	-	\$19.00
1456	Rib Belt - Male (one size fits most)	1 ct	-	\$19.00
1230	Wrist Splint	1 ct	-	\$22.00
1227	Wrist Support	1 ct	-	\$10.00
Vitamins & Minerals				
1805	Airborne® Immune Support Chewables ‡	32 ct	-	\$16.00
1820	Biotin Gummy ‡	60 ct	5,000 mcg	\$13.00
1373	Calcium + Vitamin D3 ‡	60 ct	600 mg / 400 IU	\$7.00
1823	Calcium + Vitamin D3 Gummy ‡	60 ct	500 mg, 1000 IU	\$13.00
1291	Calcium ‡	60 ct	600 mg	\$7.00
1945	Calcium Chew, Chocolate ‡	60 ct	500 mg, 1000 IU	\$10.00
1420	Centrum Silver Chewables ‡	60 ct	-	\$18.00
1825	Chromium Picolinate ‡	100 ct	1000 mcg	\$13.00
1829	Coenzyme Q-10 ‡	30 ct	50 mg	\$12.00
1393	Daily Multivitamin ‡	100 ct	-	\$8.00
1972	Daily Multivitamin Gummy ‡	120 ct	-	\$13.00

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Item #	Product	Packaging	Strength	Price
Vitamins & Minerals (continued)				
1385	Daily Multivitamin with Minerals ‡	100 ct	-	\$8.50
1737	DHEA Hormonal Supplement ‡	50 ct	50 mg	\$12.00
1417	Ferrous Gluconate (Iron Supplement) ‡	110 ct	27 mg	\$8.00
1376	Ferrous Sulfate (Iron Supplement) ‡	100 ct	325 mg	\$7.50
1741	Fish Oil, Soft Gels ‡	60 ct	1000 mg	\$8.00
1849	Flaxseed ‡	100 ct	1000 mg	\$11.00
1850	Folic Acid ‡	100 ct	800 mcg	\$6.50
1114	Glucosamine (Joint Health Support) ‡	60 ct	500 mg	\$11.00
1003	Glucosamine / Chondroitin (Joint Health Support) ‡	60 ct	250 mg, 200 mg	\$12.00
1975	Healthy Eyes with Lutein ‡	60 ct	-	\$9.00
1866	Immune Support Chewables ‡	50 ct	-	\$11.50
1869	Leg Cramps Pain Relief Caplets ‡	50 ct	-	\$14.00
1418	Magnesium ‡	110 ct	250 mg	\$7.00
1879	Melatonin ‡	100 ct	5 mg	\$12.00
1971	Melatonin Gummy ‡	120 ct	5 mg	\$15.00
1976	Omega & DHA Gummy ‡	120 ct	275 mg, 50 mg	\$14.00
1886	One Daily Men's Multivitamin ‡	100 ct	-	\$10.00
1887	One Daily Women's Multivitamin ‡	100 ct	-	\$10.00
1977	Potassium Gluconate ‡	100 ct	595 mg	\$6.00
1395	Rena-Vite ‡	100 ct	-	\$13.50
1392	Senior Multivitamin ‡	90 ct	-	\$11.00
1734	Stress Formula Tablets with Zinc ‡	60 ct	-	\$10.00
1735	Vitafusion® Fiber Weight Management ‡	90 ct	-	\$17.50
1379	Vitamin A ‡	100 ct	10,000 IU	\$8.00
1016	Vitamin B-1 ‡	100 ct	100 mg	\$7.50
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$11.00

Item #	Product	Packaging	Strength	Price
Vitamins & Minerals (continued)				
1974	Vitamin B-12, Sublingual ‡	30 ct	5000 mcg	\$10.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$8.00
1382	Vitamin B-Complex ‡	100 ct	-	\$8.00
1915	Vitamin B-Complex Gummy ‡	70 ct	-	\$13.00
1017	Vitamin C ‡	100 ct	500 mg	\$7.50
1706	Vitamin C ‡	100 ct	1000 mg	\$11.00
1916	Vitamin C Gummy ‡	60 ct	250 mg	\$12.00
1390	Vitamin D3 ‡	100 ct	1000 IU	\$9.00
1973	Vitamin D3 ‡	100 ct	5000 IU	\$10.00
1978	Vitamin D3 Gummy ‡	120 ct	2000 IU	\$13.00
1384	Vitamin E, Soft Gels ‡	100 ct	400 IU	\$11.00
1419	Zinc Chelated ‡	100 ct	50 mg	\$7.00
Wart Remover				
1288	Dr. Scholl's® Wart Removal System	20 ct	-	\$15.00
1075	Wart Remover, Liquid	9 ml	17%	\$10.00
1289	Wartners® Wart Removal System	1 ct	-	\$19.00

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Notices



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- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- Over-the-counter items are drugs and health-related products that don't need a prescription. More than 300 OTC items are available under this benefit. All orders must be placed through Convey, the plan's approved vendor.
- You have a \$25 limit on the amount you can spend each quarter, depending on your plan.** Quarters begin on January 1, April 1, July 1 and October 1. Only one order can be placed each quarter. Unused OTC allowance amounts don't roll over from quarter to quarter, or year to year.
- If your order exceeds \$25, or more than one is placed in a quarter, an OTC advocate will contact you by phone.



www.bcbsm.com/medicareotc

Convey Health Solutions, Inc. ("Convey") is an independent company not associated with the Blue Cross and Blue Shield Association.
Blue Cross Blue Shield of Michigan and Blue Care Network have a contract with Convey to provide the Over-the-Counter benefit to its Medicare Plus Blue PPO and BCN Advantage HMO-POS members.



2020 Over-the-Counter (OTC) Product Order Form

STEP 1 - Complete your information below

Member ID (Found on Blue Cross member ID card)

Date of birth - -

First name

Last name and suffix

Street number

Street name

Apt/Suite #

City

State

ZIP code -

Daytime phone - -

Please check this box if this is a new address

Email (optional)

STEP 2 - Product selection

Under this OTC benefit, you're limited to your quarterly allowance for the total order amount. Cash, checks, credit cards or money orders are not accepted.

Item #	Product	Quantity	Unit price	Total
_____	_____	_____	\$ _____	\$ _____
_____	_____	_____	\$ _____	\$ _____
_____	_____	_____	\$ _____	\$ _____
_____	_____	_____	\$ _____	\$ _____
_____	_____	_____	\$ _____	\$ _____
_____	_____	_____	\$ _____	\$ _____
			Subtotal from other side	\$ _____
			Total order	\$ _____

Please mail this completed form to the following address:
OTC Servicing Center, P.O. Box 526266, Miami, FL 33152-9819

If you place your order using an order form, the total will be applied to the quarter we receive your form. For example, if you mail your order form on June 29, but we receive it on July 1, your order total will be applied to your third quarter benefit, not your second quarter benefit.

